

40 Days of Prayer, Meditation, Fasting, and Scripture

## January 10 - February 18

As we start a new year, MTCS invites you to join us in a 40 day period of Prayer, Meditation, Fasting, and Scripture. During this time, we'll seek Guidance \& Growth, as individuals, and as a school. We offer this invitation, firmly believing that God will draw us near and provide a blessing of spiritual breakthrough.

For 40 days, we invite Everyone in the MTCS Community to join us in Prayer for the following... *We will find Spiritual Community and actively connect with other believers at School and Church. *We will grow in wisdom to understand the relevance of God and connect the dots between Life \& Faith. *We will experience renewal \& growth in authentic relationship with Jesus.
*We will discover the value of prayer and scripture in becoming true Disciples of Jesus. *We will see God's Presence in all things \& grow more like Him in Spirit, Mind \& Body.

This invitation is for Faculty, Staff, Parents, Students, and anyone else connected with our school. You can join us by participating from home, at any of our weekday Morning Prayer Sessions, or anywhere else you feel so led.

If you are willing to join us in this 40 Day Journey to Draw Near \& better know God, please respond with I'm In to toddmiller@mtcscougars.org Feel free to make special prayer requests-we'll be honored to pray for you in confidence.

## Opportunities to Draw Near

Morning Prayer Sessions. January 10-February 18, M-F, 6:30-7:30am, Library.
Each day school is in session, we'll be Praying in the Library. You have a special invitation to join us on your specific day (see schedule below), or as often as you can - at whatever time you can-and stay as long as you can. You are welcome to pick up a Five Stones Prayer Guide in any School Office, or at one of our Morning Sessions. Also, if you have a personal prayer request, we'll be honored to pray for you, and do so in a private way. Contact toddmiller@mtcscougars.org

Daily Scripture Reading. We're encouraging everyone to commit to reading scripture in your personal time every day during this period. You are welcome to select passages on your own. However, we will offer 2 different 40 Day reading Plans that will be available in each school office, 40 Days in the Psalms \& 40 Days With Jesus (Gospels). We'll also post daily readings at school, on the Official MTCS Facebook Page, and on Instagram at mtcs_spiritual_life

Prayer Walks. We'll offer guided 20 minute Student Prayer Walks on certain days. More info to come.
Fasting. On fasting days, participants abstain from 1 meal during the day, and will use that time to connect with God in some way. Fasting Days are January 19--January 29--February 8-- February 17. You can also fast more often and abstain from other things such as Social Media, Particular Foods, or various forms of Entertainment. Consult a physician for health concerns.

Just Pray. If you are unable to attend, please make a commitment to join us in prayer daily, wherever it is convenient.

## Morning Prayer Sessions

## Each Day, we'll Pray for Personal Breakthrough, Specific Groups, \& the Following Themes.

[^0]While Everyone is Invited to attend as many sessions as possible, please make an extra effort to attend on dates applicable to your specific area. We'll pray for your Group \& ask you to pray for others.

| Date | Area/Group | Dat | Area/Group |
| :---: | :---: | :---: | :---: |
| January 10 | Board of Trustees | February 7 | Community Partners |
| January 11 | Administration | February 8 | Academic Leaders / Dept. Chairs |
| January 12 | Spiritual Life Team | February 9 | Student Counsel \& Sponsors |
| January 13 | Advancement, Events, Technology, Admissions, | February 10 | Student Spiritual Leaders |
| January 14 | Staff - Business, Cafeteria, Facilities, Secondary, El | February 11 | Substitute Teachers \& Volunteers |
| January 17 | MLK Holiday | February 14 | $1{ }^{\text {st }}$ Responders |
| January 18 | High School Faculty | February 15 | Healthcare Professionals |
| January 19 | Coaches \& Athletes | February 16 | Military \& Veterans |
| January 20 | Secondary Parents \& Families | February 17 | Grandparents / Misc Supporters |
| January 21 | Elementary Parents \& Families | February 18 | Spiritual Life Team |
| January 24 | ELC Parents \& Families |  |  |
| January 25 | ELC Teachers \& Staff |  |  |
| January 26 | Elementary Faculty |  |  |
| January 27 | Middle School Faculty |  |  |
| January 28 | Alumni \& Former Faculty / Staff |  |  |
| January 31 | Bible Teachers |  |  |
| February 1 | Extra-Curricular Clubs/Band |  |  |
| February 2 | Mission Teams / Trip Leaders / Members |  |  |
| February 3 | Service Team Leaders \& Members |  |  |
| February 4 | Area Ministers |  |  |

Draw Near to God and He will draw near to you. James 4:8


40 Days with Jesus: Week One
January 10 - January 16

| Monday, January 10th | Matthew 1-2 |
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| Tuesday, January 11th | Matthew 3-4 |
| Wednesday, January 12th | Matthew 5-7 |
| Thursday, January 13th | Matthew 8-9 |
| Friday, January 14th | Matthew 10-12 |
| Saturday, January 15th | Matthew 13-14 |
| Sunday, January 16th | Matthew 15-16 |

40 Days with Jesus: Week Two
January 17 - January 23

| Monday, January 17th | Matthew 17-18 |
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| Tuesday, January 18th | Matthew 19-21 |
| Wednesday, January 19th | Matthew 22-23 |
| Thursday, January 20th | Matthew 24-25 |
| Friday, January 21st | Matthew 26-28 |
| Saturday, January 22nd | Mark 1-3 |
| Sunday, January 23rd | Mark 4-5 |


| Monday, January 24th | Mark 6-7 |
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| Tuesday, January 25th | Mark 8-10 |
| Wednesday, January 26th | Mark 11-13 |
| Thursday, January 27th | Mark 14-16 |
| Friday, January 28th | Luke 1-2 |
| Saturday, January 29th | Luke 3-4 |
| Sunday, January 30th | Luke 5-6 |

40 Days with Jesus: Week Four
January 31 - February 6

| Monday, January 31st | Luke 7-8 |
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| Tuesday, February 1st | Luke 9-10 |
| Wednesday, February 2nd | Luke 11-12 |
| Thursday, February 3rd | Luke 13-14 |
| Friday, February 4th | Luke 15 |
| Saturday, February 5th | Luke 16-17 |
| Sunday, February 6th | Luke 18-19 |

40 Days with Jesus: Week Five
February 7 - February 13

| Monday, February 7th | Luke 20-21 |
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| Tuesday, February 8th | Luke 22-24 |
| Wednesday, February 9th | John 1-2 |
| Thursday, February 10th | John 3-5 |
| Friday, February 11th | John 4-6 |
| Saturday, February 12th | John 7-8 |


| Sunday, February 13th | John 9-11 |
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40 Days with Jesus: Week Six
February 14-February 18

| Monday, February 14th | John 12-14 |
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| Tuesday, February 15th | John 15-16 |
| Wednesday, February 16th | John 17 |
| Thursday, February 17th | John 18-19 |
| Friday, February 18th | John 20-21 |



40 Days in the Psalms: Week One
January 10 - January 16

| Monday, January 10th | Psalms 1-4 |
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| Tuesday, January 11th | Psalms 5-8 |
| Wednesday, January 12th | Psalms 9-12 |
| Thursday, January 13th | Psalms 13-17 |
| Friday, January 14th | Psalm 18 |


| Saturday, January 15th | Psalm 19-21 |
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| Sunday, January 16th | Psalm 22-24 |

40 Days in the Psalms: Week Two
January 17 - January 23

| Monday, January 17th | Psalms 25-27 |
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| Tuesday, January 18th | Psalms 28-30 |
| Wednesday, January 19th | Psalms 31-33 |
| Thursday, January 20th | Psalms 34-36 |
| Friday, January 21st | Psalm 37-38 |
| Saturday, January 22nd | Psalm 39-41 |
| Sunday, January 23rd | Psalm 42-44 |

40 Days in the Psalms: Week Three
January 24 - January 30

| Monday, January 24th | Psalms 45-49 |
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| Tuesday, January 25th | Psalms 50-52 |
| Wednesday, January 26th | Psalms 53-57 |
| Thursday, January 27th | Psalms 58-61 |
| Friday, January 28th | Psalm 62-65 |
| Saturday, January 29th | Psalm 66-68 |
| Sunday, January 30th | Psalm 69-72 |

40 Days in the Psalms: Week Four
January 31 - February 6

| Monday, January 31st | Psalms 73-76 |
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| Tuesday, February 1st | Psalms 77-78 |
| Wednesday, February 2nd | Psalms 79-83 |


| Thursday, February 3rd | Psalms 84-87 |
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| Friday, February 4th | Psalm 88-89 |
| Saturday, February 5th | Psalm 90-93 |
| Sunday, February 6th | Psalm 94-98 |

40 Days in the Psalms: Week Five
February 7 - February 13

| Monday, February 7th | Psalms 99-102 |
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| Tuesday, February 8th | Psalms 103-104 |
| Wednesday, February 9th | Psalms 105-106 |
| Thursday, February 10th | Psalms 107-108 |
| Friday, February 11th | Psalm 109-115 |
| Saturday, February 12th | Psalm 116-118 |
| Sunday, February 13th | Psalm 119 |

40 Days in the Psalms: Week Six
February 14 - February 18

| Monday, February 14th | Psalms 120-129 |
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| Tuesday, February 15th | Psalms 130-137 |
| Wednesday, February 16th | Psalms 138-142 |
| Thursday, February 17th | Psalms 143-146 |
| Friday, February 18th | Psalm 147-150 |


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